

Refresh

CITY DAY SPA

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 refreshcitydayspa for our latest hot deals

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PAYMENT METHODS:

CASH • VISA • MASTERCARD • EFTPOS

Mon - Fri :: 9am to 6pm • Sat :: 9am to 4pm
Thursday night :: Extended hours upon request

Hello.... in need of a refresh?

Why not escape to our boutique-style inner city day spa to look and feel great for less than you'd expect. We offer you the best in natural and effective body and beauty care.

We are proud to have provided over 25 years of consistent, exceptional service and are dedicated to offering outstanding treatments, value and results for you.

Waxing

Combine any two services to receive a 10% DISCOUNT.

WOMEN		MEN	
Lip	\$15	Brow Tidy	\$20
Chin	\$15	Full Leg	\$70-\$80
Brow / Lip / Chin	\$45	Back or Chest	\$50-\$60
Under Arms	\$15	Arms	\$50-\$55
Full Arms	\$45	Back/Neck/Upper Arm	\$75
Half Arms	\$35		
Bikini Line	\$25-\$30	ALL ABOUT THE EYES	
G-String	\$35-\$45	We offer expert eyebrow	
Brazilian	\$50-\$65	shaping & tinting to perfectly	
		frame your face & define your	
		overall look.	
Full Legs	\$55	Brow Tidy	\$22
3/4 Legs	\$45	Brow Shape	\$30
Top 1/2 Legs	\$40	Brow Tidy,	
Lower 1/2 Legs	\$35	Lash & Brow Tint	\$50
		Brow Tint	\$15
		Lash Tint	\$25

Spray Tanning

Give your skin the sun kissed glow without the harsh reality of actual exposure to the sun.

Spray Tan	\$35 or 3 for \$85 (prepaid)
Full Body Polish & Spray Tan	45mins \$85

Hands & Feet

Combine any Manicure & Pedicure treatment to receive a 10% DISCOUNT.

Mini Manicure	30 mins	\$45
A mini "Refresh" for your hands. Includes clip, file shape, buff of nails & polish.		
Classic Manicure	45 mins	\$60
Slip hands into an aromatic soak, clip, file shape & buff nails, cuticle tidy, massage & polish.		
Deluxe Manicure	60 mins	\$80
Heaven for hands! All the Classic offers plus indulgent extras: mask & paraffin to repair & hydrate.		
Mini Pedicure	30 mins	\$50
A mini 'Refresh' for your feet. Includes foot soak, clip, file shape, buff of nails & polish.		
Spa Pedicure	60 mins	\$75
Slip feet into an aromatic soak, clip, file shape & buff nails, cuticle tidy, foot exfoliation, massage & polish.		
Deluxe Pedicure	1 hour 30 mins	\$95
Heaven for feet! All the Spa has to offer plus indulgent extras: mask & paraffin to repair & hydrate.		

ADD-ONS: \$10 each extra

- Full Set French Tips
- OPI Gel Nails
- OPI Gel Removal
- Pelactive AHA Peel for dead skin removal
- Paraffin Wax for hydration

Massage

Feel fatigue & stress disappear with a massage customised to your needs:	30 mins	\$65
	45 mins	\$85
	60 mins	\$110

Refresh Body Massage 1 hour 30 mins \$155

Pure indulgence! A blissful, revitalising combination of hot towel body soak & invigorating dry skin brush to remove toxins & improve circulation followed by a moisturising, relaxing massage.

Pregnancy Massage 60 mins \$110
(Tailored to specific needs)

Hot Stone Therapy Massage 45 mins \$95
90 mins \$165

Our talented therapists incorporate a customised massage with the use of water heated stones to melt away tension & promote deeper muscle relaxation. Total Bliss!

Hydro-massage Spa Bath 30 mins \$40

Sink into warm water infused with salts & essential oils & unwind with an all-over 'to die for' Hydro-massage. Clean, fresh water is used for every spa bath. We recommend you bring bathers for privacy & comfort.

Body Spa Therapy

Body Salt Glow 45 mins \$85
An invigorating all over body scrub of salts immersed in heated oils to buff your skin to a soft, healthy & radiant glow.

Detox Mud Body Wrap 75 mins \$145
An all over body brush to remove toxins & improve circulation followed by a luxurious warm wrap of Moor Mud containing vital nutrients for deep cleansing & moisturising. While wrapped enjoy a mini facial including mask and a head and scalp massage. Divine!

Facials

Our therapists help you choose a facial to perfectly suit your skin requirements to achieve maximum results for you. We use two Australian Skincare ranges:

Pelactiv goes beyond merely repairing skin; it boosts the production of collagen, elastin & healthy new cells. The noticeable results are fresher, brighter, younger, visibly healthy skin at any age.

Organicspa Skincare 100% natural skincare range that combines medicinal strength of certified organic plant extracts. This certified organic range is manufactured in Byron Bay, NSW.

Express Facial 30 mins \$65
A quick pick me up! Cleanse, exfoliate, mask, hand massage, tone & moisturise.

Refresh Facial 45 mins \$85
'Refresh' & revive with cleanse, exfoliate, steam, mask, face & hand massage, tone & moisturise.

Classic Facials 60 mins \$110
Same as Refresh with extended time for steam and mask (can include extractions).

Deluxe Facials 75 mins \$130
The ultimate luxury facial for total relaxation, includes foot and lower leg massage.

High Performance Facials

Pelactiv Peels 45 mins \$95
Intensive peel treatment designed to renew, repair and strengthen the skin. Recommend a course of 6 peels for dramatic results. Pay for 5 at \$475 and get 6th free.

Pelactiv Ultrasonic Infusion Facial 75 mins \$140
Three high performance serums for serious skin care using ultrasonic frequency to ensure maximum penetration and dramatic visible results. Choose from Lifting & Firming/ Vita C+/ Hydrating & Energising.

Oxygen Infusion Facial 60 mins \$120
75 mins \$140

Intracutaneous – Non-invasive anti-aging technology
Oxygen is used to infuse powerful anti-aging actives, vitamins & antioxidants to dramatically transform the look and feel of your skin. Choice of Rejuvenate/Opulence/Clarity.

ADD-ON: Atoxylene for only \$30 targeting lines for instant results. A natural alternative to anti-wrinkle injections.

Spa Packages

These packages have been created to 'Refresh' your mind, body & soul for a naturally new you! You can also be creative & design your own personal package.

Touch of Bliss 1 hour 30 mins \$160
Body Massage, Refresh Facial.

Touch of Heaven 2 hours \$210
Body Massage, Classic Facial.

Detox Reviver 2 hours \$230
Body Salt Glow, Detox Mud Body Wrap, Body Massage.

Escape 2 hours 45 mins \$270
Hot Stone Therapy Massage, Deluxe Facial.

Drift 4 hours \$400
Body Salt Glow, Detox Mud Body Wrap, Body Massage, Refresh Facial, Mini Pedicure & Mini Manicure (Refreshment included).

Refresh 4 hours 30 mins \$420
Hot Stone Therapy Massage, Classic Facial, Spa Pedicure, Classic Manicure (refreshment included).

ADD-ONS:
Hydro Massage 30 mins \$30
Mini Head & Hair Revitaliser 15 mins \$25
(Intensive hair & scalp treatment)

Spa Etiquette

- Arrive 10 minutes early to allow for consultation & to relax.
- Advise at time of booking if there are any special health considerations.
- All treatments 1 hour and over to be secured with Credit Card details.
- 12 hrs notice required to cancel or reschedule appointment to avoid cancellation fee.

Gift Certificates

Give the ultimate gift to indulge someone special.